Leave Mixing to the DJ

Adderall + alcohol send opposite messages to your heart

- Adderall tells your heart to speed up
- Alcohol tells your heart to slow down
- Mixing them together can cause heart arrhythmia

Other common stimulants include energy drinks, coffee, and cocaine

Turn Up! Tip: If you are prescribed Adderall, is it immediate or extended release? Extended release can be in your body up to 12 hours. Wait before you drink.