

FREE FOOD RESOURCES AT SAN FRANCISCO STATE UNIVERSITY



AS GATOR GROCERIES

Pick up a free box of food at [Gator Groceries](#) on campus each week.

Location: Cesar Chavez Student Center - Plaza Level

Days: Every Wednesday OR Thursday

Time: 11 AM - 1 PM

Must follow university [COVID-19 prevention protocols](#).

CALFRESH HELP CLINIC

Need help paying for groceries? CalFresh provides qualified applicants

\$234+ every month to buy food at local stores and farmers markets.

Schedule a [virtual appointment](#) to see if you qualify and start your application.

Weekly appointment hours:

Mondays 11 AM - 2 PM

Wednesdays 12 - 4 PM

Tuesdays 12 - 4 PM

Thursdays 1 - 4 PM

EMERGENCY MEALS

Students experiencing a food crisis can pick up a free [emergency meal card](#) to use at the City Eats dining hall on campus. To request an emergency meal card, [please fill out this form](#).

COMMUNITY FOOD BANKS

Students and their families/households can visit their [local food bank](#) to receive free food for the week!

BASIC NEEDS EMERGENCY FUNDS

[Basic Needs Emergency Funds](#) are available for eligible SFSU students who are currently experiencing an economic crisis that is jeopardizing their ability to obtain food or maintain shelter. Funds are provided in the form of a gift card. Students can request funds by filling out the [Basic Needs Emergency Funds Request Form](#).

NUTRITION CLINIC

Make a virtual appointment to meet with a Registered Dietitian to get personalized nutrition support.

Wednesdays: 1:30 - 4:30 PM

Thursdays: 8:30 - 11:30 AM

[Schedule an appointment today!](#)

NUTRITION EDUCATION

Want to learn how to eat well on a budget? [Sign up](#) to attend our virtual nutrition workshops and cooking demos. Plus, [visit us online](#) to find healthy recipes, cooking demo videos, and more!