



**Men's Social & Emotional Wellness Assistant**  
**(2 positions open)**  
**Spring 2023**

**Men's Social & Emotional Wellness Assistant**

Working directly with the Social & Emotional Wellness Coordinator and fellow student leaders, you will have the opportunity to participate in trainings to develop your skills and gain professional experience to assist with modeling social and emotional wellness habits for college men, promoting a sense of belonging and community, eliminating obstacles to seeking help, and increasing access to health and wellness resources for Men of Color designed to enhance college success.

**What you will do:**

Participate in trainings, meetings, and collaborations with fellow student leaders and staff

Model social and emotional wellness habits to college men through social media posts, videos, Instagram stories and/or reels

Lead and/or assist with outreach activities to college men that help increase their access to various campus health resources and programs

Create visibility and health awareness projects for college men (e.g. marketing campaigns, short videos)

Facilitate social and emotional wellness workshops for college men on topics including (but are not limited to): healthy relationships, communication, healthy manhood, building community, and more

Support Social & Emotional Wellness Coordinator in developing strategies to reach underserved communities of college men (e.g. Men of Color, queer and trans men, students with disabilities, etc.)

**What it takes to be successful in this role:**

You are committed to learning and growing personally and professionally

You are passionate about challenging strict gender stereotypes that negatively impact men's emotional health

You are invested in creating a positive change in yourself and modeling that to your peers and community

You enjoy speaking and presenting in front of a group, audience, and/or on-camera on social media

You enjoy connecting with people and creating opportunities for people to bond with one another

You enjoy using and creating content for different types media (ex. video, Instagram, TikTok, etc.)

You love working on new projects/tasks, whether in pairs or groups

You are interested in running activities that build community

You know how to think creatively, act strategically, and anticipate future opportunities

You are organized and are a good communicator (ex. email, phone, etc.)

Nice to have (but not required): You are passionate about social and racial justice, have been involved in Greek Life, Athletics, and/or student organizations