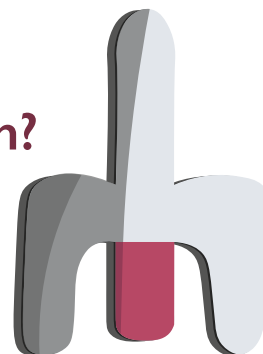


NARCAN ADMINISTRATION HOW-TO



HEALTH
PROMOTION
& WELLNESS

What is **Narcan**?



Narcan (naloxone hydrochloride) is a prescription medicine in the form of a nasal spray that can reverse an opioid overdose.

Steps to Administer Narcan:

1.

Identify Opioid Overdose & Response

Ask person
if they are okay

Shout
their name

Shake
their shoulders

Firmly Rub the middle
of their chest

Check for the signs of an overdose, such as:



Breathing is slow, irregular,
or has stopped

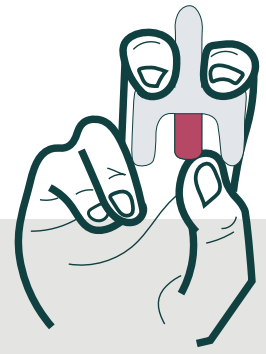


Blue nails
or lips



Pupils are very small

2. Administer Narcan:



Give a verbal warning,

“I am going to
Narcan you!”

Hold the Narcan with your thumb
on the bottom of the red plunger and your first
and middle fingers on either side of the nozzle.

Tilt person's head back
and provide support under the neck with your hand.

Gently insert the tip of the nozzle into one nostril,
until your fingers on either side of the nozzle
are against the bottom
of the person's nose.



Press the red plunger firmly.

3. Call 911 Immediately

3.
Repeat Step 2 every 2-3 mins
or until medical help is received.
Use a new Narcan each time and alternate nostrils.

1. Watch the person closely.

2. If the person does not respond
by waking up,
to voice or touch, or breathing normally,
another dose may be given.

4. Lay the person
on their right side (recovery position)
after administering Narcan.

