No-Bake Granola Bars

INGREDIENTS

Cost: $1.50 per serving

2 1/4 cups Rolled oats
3/4 cup Nut or seed butter (try peanut, almond, or sunflower)
1/2 cup Honey
1 tsp Vanilla extract (optional)
1/2 cup Mix-ins (try dried fruit, chopped nuts, mini chocolate chips, or sunflower or chia seeds)

PREPARATION

Line an 8x8" pan with parchment paper, or grease lightly with cooking spray or oil.

Place peanut butter and honey in a large microwave safe bowl. Microwave for 15 seconds and stir to combine. Microwave for an additional 15 seconds if needed and stir to combine. Stir in vanilla, if using.

Add rolled oats and mix-ins; stir well to coat. Press mixture into prepared pan and place in the refrigerator for 2 hours, or until firm. Cut in half and then cut each half into 6 strips. Store in the refrigerator and enjoy as a snack throughout the week!

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