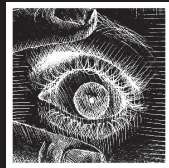


HOW TO :

ADMINISTER NALOXONE NASAL SPRAY



KNOW THE SIGNS



SAVE A LIFE

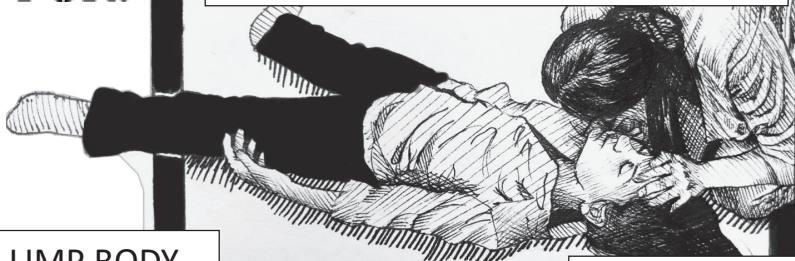
CREDIT TO NATIVE AMERICAN HEALTH
CENTER AND NATIONAL HARM REDUCTION
COALITION

1. CHECK FOR ALL THE SIGNS OF AN OVERDOSE

IS THE POSITION THE PERSON IS LYING IN PURPOSEFUL?

CHECK FOR:

BLUE/PURPLE FINGERNAILS & LIPS



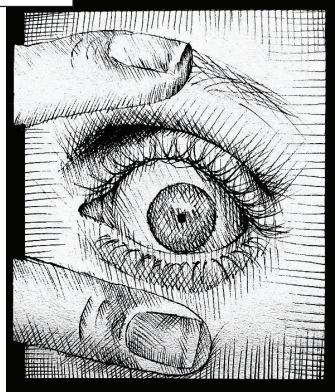
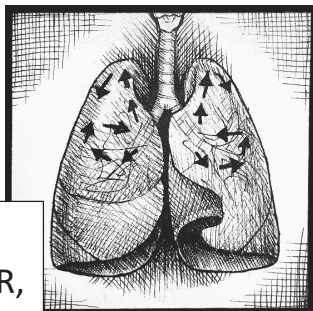
LIMP BODY

PALE FACE

CLAMMY HANDS

**OTHER SIGNS
INCLUDE:**

BREATHING IS
SLOW IRREGULAR,
OR STOPPED



2. CHECK FOR A RESPONSE

VERBAL CHECK:



ARE YOU OKAY???

YELL AT THEM

"I AM GOING TO
NALOXONE YOU"

NOTE: NALOXONE WILL PUT
SOMEONE INTO IMMEDIATE
WITHDRAWALS

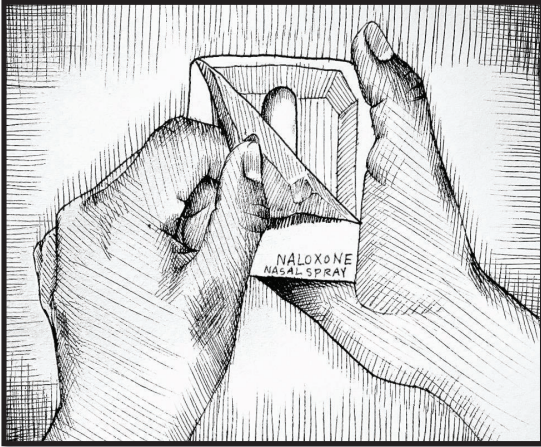
PHYSICAL CHECK:



PINCH THE INNER SKIN OF
PERSON'S BICEP

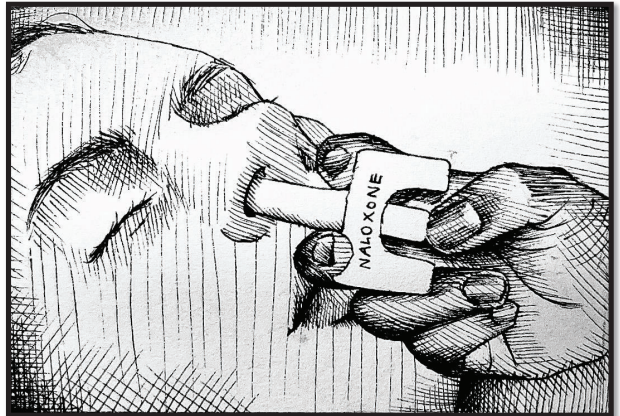
RUB KNUCKLES IN CLOSED FIST
ACROSS CENTER OF CHEST

3. ADMINISTERING NAL



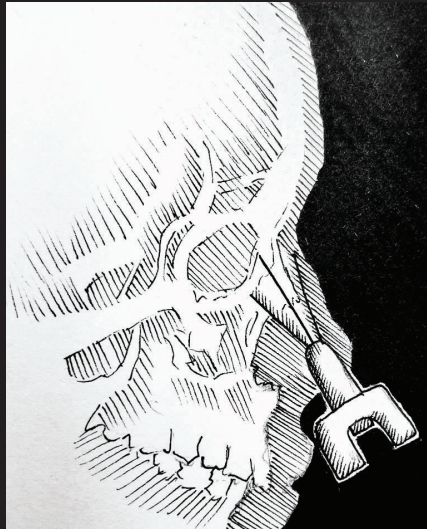
**PEEL BACK
THE PACKAGE
TO REMOVE THE
DEVICE.**

**PLACE & HOLD
TIP OF NOZZLE
IN EITHER NOSTRIL
UNTIL FINGERS
TOUCH BOTTOM OF
PATIENT'S NOSE.**



LOXONE NASAL SPRAY

**PRESS THE PLUNGER FIRMLY
TO RELEASE THE DOSE INTO THE PATIENT'S NOSE.**



***NOTE: THERE ARE NO NEGATIVE SIDE-EFFECTS
IF NALOXONE IS USED AND NOT NEEDED***

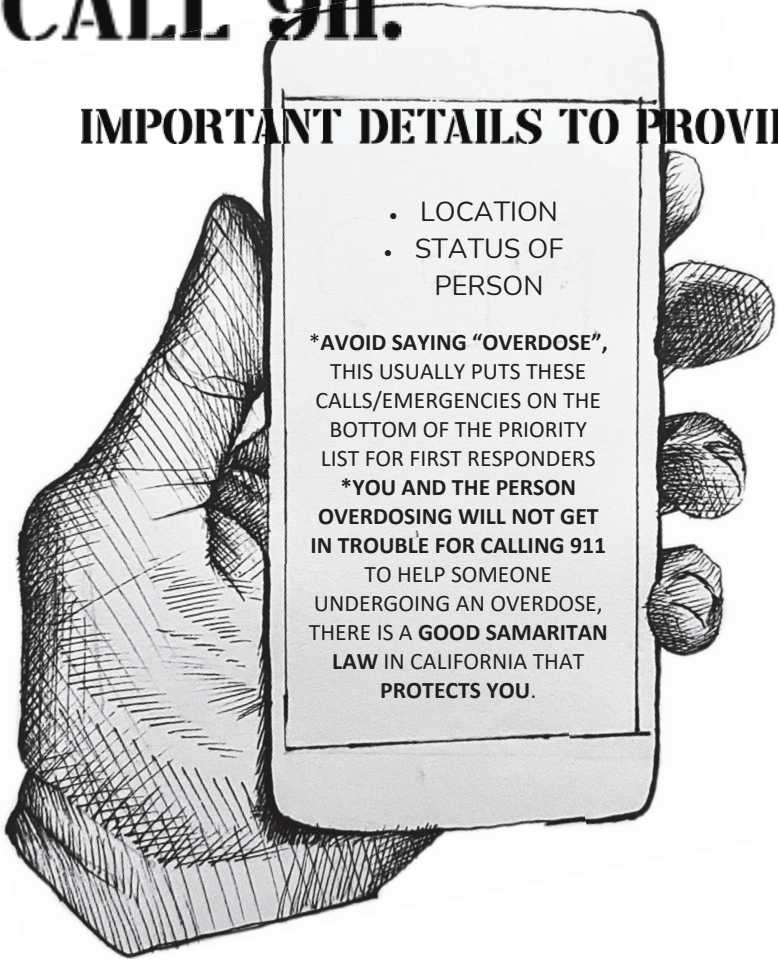
4. CALL 911.

IMPORTANT DETAILS TO PROVIDE:

- LOCATION
- STATUS OF PERSON

***AVOID SAYING "OVERDOSE",**
THIS USUALLY PUTS THESE
CALLS/EMERGENCIES ON THE
BOTTOM OF THE PRIORITY
LIST FOR FIRST RESPONDERS

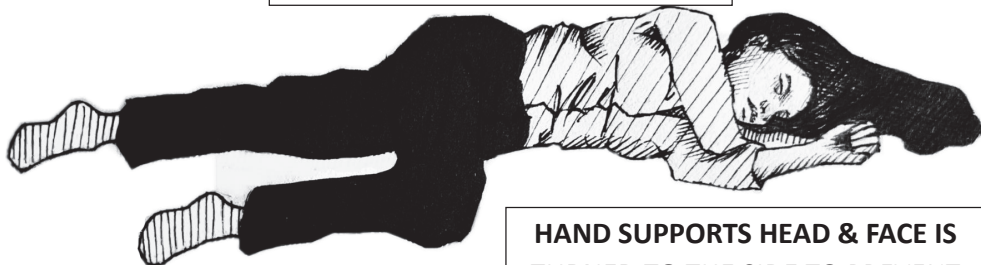
***YOU AND THE PERSON
OVERDOSING WILL NOT GET
IN TROUBLE FOR CALLING 911**
TO HELP SOMEONE
UNDERGOING AN OVERDOSE,
THERE IS A **GOOD SAMARITAN
LAW** IN CALIFORNIA THAT
PROTECTS YOU.



5. RECOVERY POSITION

IF YOU DO NOT HAVE NALOXONE, OR AFTER YOU HAVE FINISHED ADMINISTERING NALOXONE, PUT THEM INTO THE RECOVERY POSITION.

LAY PERSON ON THEIR RIGHT SIDE



**HAND SUPPORTS HEAD & FACE IS
TURNED TO THE SIDE TO PREVENT
CHOKING ON POSSIBLE VOMIT**

**BEND THEIR KNEE IN FRONT/OVER
THEM TO ENSURE THEY DO NOT
FALL ONTO THEIR BACK OR ROLL
OVER ONTO STOMACH**

KEEP AN EYE ON THE PERSON.

**IF UNRESPONSIVE WITHIN 2-3 MINS OF ADMINISTERING
NALOXONE NASAL SPRAY, ANOTHER DOSE MAY BE NEEDED.**

Health Promotion and Wellness

@sfstatecares

Illustrations by Veronica Gonzalez Flores