The 5-Minute Vegan Wrap

Serving Size: 1  Prep Time: 5 minutes  Total Time: 5 minutes

**Ingredients:**
1 small-medium tortilla
2 Tbsp. hummus
A handful of greens (try kale, spinach, lettuce, or collard greens)
1/2 bell peppers, sliced
1 tomato, sliced
1/2 avocado, sliced

**Directions:**
1. Rinse greens under running water and pat dry. De-stem and tear if whole leaves.
2. Lay tortilla flat.
4. Layer greens, bell peppers, tomato, and avocado on the top half of the tortilla.
5. Bring the bottom of the tortilla up and fold in half (over ingredients), then roll from the side. Enjoy!